

GROUP YOGA CLASS TIMETABLE

	9-10am	10-11am	11am-12noon	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	6-7pm	7-8pm	8-9pm
Monday	Term-Time Group Class St Andrew's Church. Redditch (9.30-10.30am)								Group Class St Andrew's Church, Redditch (6.30-7.30pm)		Group Class St Andrew's Church, Redditch (8-9pm)
Tuesday	Term-Time Group Class St Andrew's Church, Redditch (9.30-10.30am) Stops For Most School Holidays - Continues Over The Summer								Group Class St Andrew's Church, Redditch (6.30-7.30pm)		Group Class St Andrew's Church, Redditch (8-9pm)
Thursday	The REDI Cen	Group Class Itre, Redditch D.30am)							Group Class St Andrew's Church, Redditch (6.15-7.15pm)	Group Class St Andrew's Church, Redditch (7.45-8.45pm)	

All private classes are held at my home studio in Church Hill North, Redditch (please contact me for availability).

The group classes (typically 15-18 people) are held at St Andrew's Church, Upperfield Close, Redditch B98 9AA. Free on-site parking for up to 8 cars. Additional parking at parade of shops (free for 2 hours). The Term-Time Thursday group classes are held at The REDI Centre, 54 South St, Redditch B98 7DQ. Free on-site parking for up to 10 cars.

Booking is essential for all group classes. All levels are welcome.

Find: 11 The Hills, Padbury Close, Redditch, Worcestershire B98 9AG • Speak: 07970 072038

Write: hello@themotorcyclingyogi.co.uk • Look: themotorcyclingyogi.co.uk