



THE MOTORCYCLING YOGI
yoga. for whoever you are

GROUP YOGA CLASS TIMETABLE

Updated October 2017

| | 9-10am | 10-11am | 11am-12noon | 12-1pm | 1-2pm | 2-3pm | 3-4pm | 4-5pm | 6-7pm | 7-8pm | 8-9pm |
|-----------------|--|---------|-------------|--------|-------|-------|-------|-------|---|--|---|
| Monday | Term-Time Group Class Cofton Hackett Village Hall (9.30-10.30am) Starting 06/11/17 | | | | | | | | Group Class St Andrew's Church, Redditch (6.30-7.30pm) | | Group Class St Andrew's Church, Redditch (8-9pm) |
| Tuesday | Term-Time Group Class St Andrew's Church, Redditch (9.30-10.30am) | | | | | | | | Group Class St Andrew's Church, Redditch (6.30-7.30pm) | | |
| Thursday | Term-Time Group Class The REDI Centre, Redditch (9.30-10.30am) | | | | | | | | Group Class St Andrew's Church, Redditch (6.15-7.15pm) | Group Class St Andrew's Church, Redditch (7.45-8.45pm) | |

All private classes are held at my home studio in Church Hill North Redditch (please contact me for availability). Church classes (typically 15-18 people) are held at St Andrew's Church, Upperfield Close, Redditch B98 9AA

The Term-Time Monday group classes are held at Cofton Hackett Village Hall, Barnt Green Road, Cofton Hackett, B45 8NB. Free on-site parking for up to 15 cars.

The Term-Time Thursday group classes are held at The REDI Centre, 54 South St, Redditch B98 7DQ. Free on-site parking for up to 10 cars.

Booking is essential for all group classes. All levels are welcome.

Find: 11 The Hills, Padbury Close, Redditch, Worcestershire B98 9AG • **Speak:** 07970 072038

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